

## heads first collar benefits:

### comfort:

- More comfortable than alternatives (because of thicker foam)
- Shape adaptable
- Firm support
- Optional accessories for extra support/comfort
- Can be used for those without a medical condition but who need to stop their head falling forwards on long-haul flights/coach/car trips

### clinical:

- Quick and easy to fit
- Low heat retention
- Latex-free (no allergic reaction)
- Easy access to a tracheal tube when needed
- Open design for inspection of swallowing

### cost:

- Lowest price option compared to other similar products on the market
- Accessories competitively priced

**Matrix Seating accepts no liability resulting from the misapplication of this product. Please note that due to the nature of these items, they are non-returnable.**

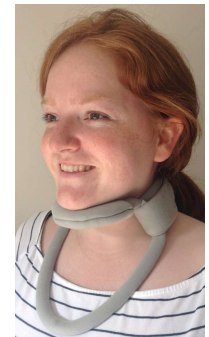
The user of this equipment, including carers and professionals who may adjust and handle it, should study these Instructions. These Instructions contain important information about the use and application of Heads First Collar. Because of the clinical and safety ramifications of misuse, injury to the user or others could result if you are unclear about how it works. Please keep these Instructions to refer to later. Please risk assess and document when appropriate.



## USER GUIDE: heads first collar

The **heads first collar** provides low-profile support which is both firm and comfortable. It was developed and manufactured in the UK using Heads First patented technology following consultation with both clients and professionals. It can be adjusted for shape and comfort, and can be used for a variety of medical conditions. The covering material is softer and more comfortable than alternatives because of thicker foam. Optional accessories are available, such as the Chest Pad, which is uniquely available with the **heads first collar**.

Unlike other collars on the market, the **heads first collar** is latex-free (at no extra cost), and so there is no risk of an allergic reaction. The open design gives visual access and allows air movement in the neck area. The **heads first collar** and its accessories are the **lowest priced** products of their kind on the market.

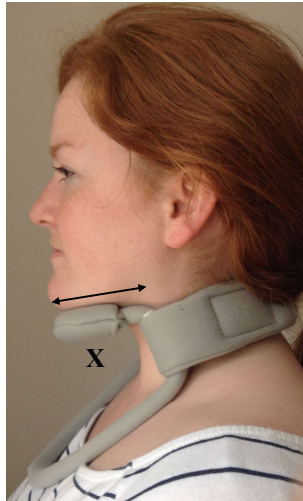


## Step 1: Decide what size you need

Measure from the angle of the jaw to the middle of the chin. Once you have this measurement ('X'), check the table below to see which size collar you need:

Size	'X'	Product Code
Large	13cm (5 inches)	HFC1
Medium	11.5cm (4.5 inches)	HFC2
Small	10 cm (4 inches)	HFC3
Junior	9 cm (3.5 inches)	HFC4

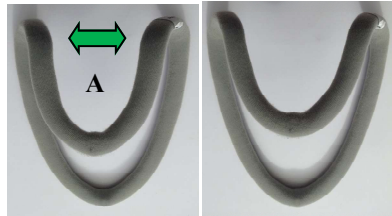
**Note:** If the measurement is in between two sizes, choose the **smaller** size.



## Step 2: Adjusting the collar

Once you have received the collar, make sure it fits snugly under the chin. You may also need to adjust it for comfort:

**(A)** To adjust the width of the collar, pull sides inwards or outwards.



**(B)** To adjust the height of the collar, bend the chin section away from or towards the chest frame.



**(C)** To adjust the shape of the collar so that it does not touch the clavicles (collar bones), you can bend it against a table and/or add a Chest Pad (the Chest Pad is shown on page 3).



## Step 3: Final checks

- ☑ Take advice from your professional before using the **heads first collar** in conjunction with any other equipment.
- ☑ To clean the **heads first collar** frame, use a sponge and soapy water. Rinse thoroughly and air dry. Follow washing instructions sewn into accessories.
- ☑ The **heads first collar** should fit snugly under the chin.
- ☑ The Neck Strap should be around the back of the neck only.

### Accessories:

**Spare Chin Pad** - use while your main chin-pad is being washed

**Neck Strap** - for use while your main neck strap is being washed

**Chest Pad** - for pressure relief on chest

For extra flexion and extension support, the following (optional) accessories are available:

**Rear Support** - for mild support at the back of the neck and head

**Front Support** - for additional, adjustable length, front support rigidity

